

PMEX UPDATE

BUY	
	CRUDE10-AP26 66.07 1.57% Expiry 19/Mar/26 Remaining 28 Days
Entry	65.27 - 65.47
Stoploss	64.89
Take Profit	66.52 - 66.99

SELL	
	NGAS1K-FE26 3.0430 1.06% Expiry 24/Feb/26 Remaining 5 Days
Entry	3.11 - 3.09
Stoploss	3.20
Take Profit	3.05 - 3.01

SELL	
	GO10Z-AP26 5,002.94 -0.13% Expiry 27/Mar/26 Remaining 36 Days
Entry	5022 - 5016
Stoploss	5046.95
Take Profit	5000 - 4971

SELL	
	SL10-MA26 77.38 -0.28% Expiry 25/Feb/26 Remaining 6 Days
Entry	78.43 - 78.05
Stoploss	79.67
Take Profit	76.91 - 76.35

SELL	
	PLATINUM5-AP26 2,077.65 -1.67% Expiry 27/Mar/26 Remaining 36 Days
Entry	2080 - 2074
Stoploss	2100.88
Take Profit	2058 - 2050

SELL	
	COPPER-MA26 5.7225 -1.39% Expiry 25/Feb/26 Remaining 6 Days
Entry	5.7355 - 5.7221
Stoploss	5.80
Take Profit	5.6834 - 5.6676

SELL	
	ICOTTON-MA26 61.67 0.19% Expiry 19/Feb/26 Remaining 0 Days
Entry	61.48 - 61.42
Stoploss	61.65
Take Profit	61.24 - 61.01

SELL	
	DJ-MA26 49,575 -0.30% Expiry 19/Mar/26 Remaining 28 Days
Entry	49654 - 49592
Stoploss	49764.71
Take Profit	49457 - 49390

SELL	
	SP500-MA26 6,877 -0.25% Expiry 19/Mar/26 Remaining 28 Days
Entry	6890 - 6882
Stoploss	6905.62
Take Profit	6862 - 6849

SELL	
	NSDQ100-MA26 24,872 -0.34% Expiry 19/Mar/26 Remaining 28 Days
Entry	24943 - 24904
Stoploss	25020.10
Take Profit	24828 - 24755

BUY	
	GOLDUSDJPY-MA26 154.60 -0.13% Expiry 25/Feb/26 Remaining 6 Days
Entry	153.94 - 154.11
Stoploss	153.64
Take Profit	154.31 - 154.49

SELL	
	GOLDEURUSD-MA26 1.1778 -0.05% Expiry 25/Feb/26 Remaining 6 Days
Entry	1.1789 - 1.1783
Stoploss	1.180
Take Profit	1.1766 - 1.1756

Major Headlines

Oil prices extend gains on concerns of potential US-Iran conflict

Oil prices rose on Thursday, driven by increasing concerns over potential military conflict between the United States and Iran as both countries stepped up military activity in the oil-producing region. Brent futures were up 91 cents, or 1.3%, at \$71.26 a barrel by 1058 GMT while U.S. West Texas Intermediate (WTI) crude gained 90 cents, or 1.4%, to \$66.09. Both benchmarks neared six-month highs on Thursday after advancing more than 4% on Wednesday as traders [see more...](#)

Gold prices edge higher on geopolitical risks; Fed mins curb upside

Gold prices edged higher Thursday, adding to the prior session's strong gains as investors assessed persistent geopolitical risks and mixed signals from the Federal Reserve. At 06:05 ET (11:05 GMT), Spot gold advanced 0.3% to \$4,992.05 an ounce, and U.S. Gold Futures gained 0.1% to \$5,012.29/oz. The yellow metal jumped 2.1% on Wednesday, and recovered most of the ground it lost earlier this week. [see more...](#)

US stock futures slip as focus turns to AI worries, Walmart earnings

U.S. stock index futures dipped slightly on Thursday, halting a three-day winning streak for the S&P 500 as investors evaluated AI-related concerns and awaited retail bellwether Walmart's quarterly results, expected to be released later in the day. Walmart's earnings, due before the bell, could serve as a gauge to understand the health of the U.S. consumer. The company's shares were down 0.9% in premarket trading [see more...](#)

Japanese Yen hangs near one-week low vs. USD amid worries about Japan's fiscal health

The USD/JPY pair gains positive traction for the second straight day – also marking the third day of a move up in the previous four – and climbs to over a one-week high, around the 155.35 area, on Thursday. Spot prices, however, retreat a few pips during the early European session and currently trade just above the 155.00 psychological mark, up nearly 0.20% for the day. Japan's weak GDP growth in the fourth quarter [see more...](#)

EUR/USD edges up to near 1.1800, outlook remains grim amid firm US Dollar

The EUR/USD pair trades marginally higher to near 1.1800 during the European trading session on Thursday. The major currency pair ticks higher while the US Dollar (USD) holds onto Wednesday's gains, which were driven by balanced Federal Open Market Committee (FOMC) minutes of the January policy meeting. As of writing, the US Dollar Index (DXY), which tracks the Greenback's value against six major currencies, clings to gains near a fresh weekly high of 97.70 [see more...](#)

US Dollar Index (DXY) Price Forecast: Bulls capped at 97.75 previous support

The US Dollar Index (DXY) is trimming gains on Tuesday, trading at 97.45 at the time of writing after failing to extend gains past a previous support level, now turned resistance, at the 97.75 area. The Greenback bottomed at four-year lows near 95.50 last week, but has been paring losses supported by investors' relief after US President Donald Trump picked Kevin Warsh to replace Jerome Powell as Fed Chair from May. [see more...](#)

Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
Philadelphia Fed Manufacturing Index (Feb)	19/2/2026	6:30 PM	USD	High volatility		7.5	12.6
Initial Jobless Claims	19/2/2026	6:30 PM	USD	High volatility		223K	227K
Crude Oil Inventories	19/2/2026	10:00 PM	USD	High volatility		1.700M	8.530M

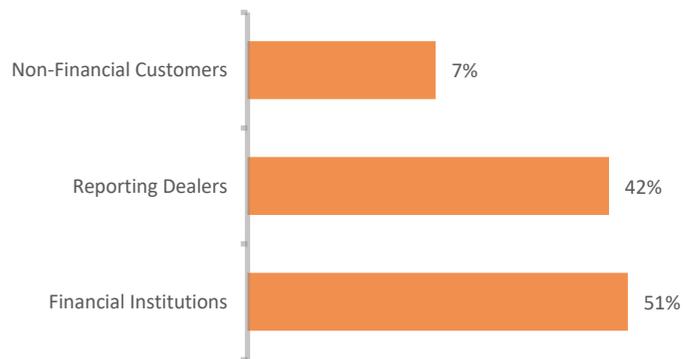
FOREX MARKETS' STATISTICS

Forex Market Hours

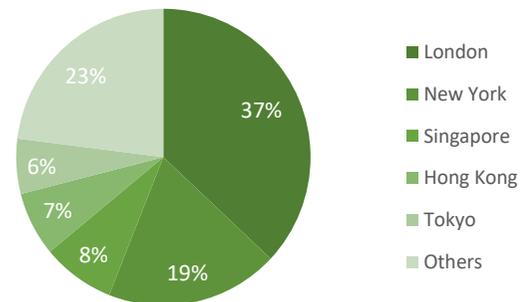


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

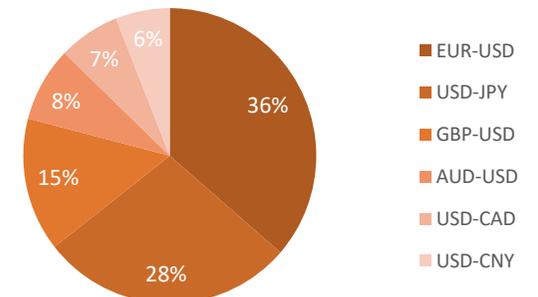
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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